

1. If you have difficulty telling whether eye drops touch the eye surface, refrigerate the solution before instilling it. Do not refrigerate suspensions.
2. Wash hands thoroughly. Wash areas of the face around the eyes. Contact lenses should be removed unless the product is designed specifically for use with contact lenses.
3. Tilt head back.
4. Gently grasp lower outer eyelid below lashes, and pull eyelid away from eye to create a pouch.
5. Place dropper over eye by looking directly at it as shown in the drawing.
6. Just before applying a single drop, look up.
7. As soon as the drop is applied, release the eyelid slowly. Close eyes gently for 3 minutes by placing your head down as though looking at the floor (using gravity to pull the drop onto the cornea). Minimize blinking or squeezing the eyelid.
8. Use a finger to put gentle pressure over the opening of the tear duct.
9. Blot excessive solution from around the eye.
10. If multiple drop therapy is indicated, wait at least 5 minutes before instilling the next drop. This pause helps ensure that the first drop is not flushed away by the second, or that the second drop is not diluted by the first.
11. If using a suspension, place that drop in last.
12. If both drop and ointment therapy are indicated, instill the drops at least 10 minutes before the ointment so the ointment does not become a barrier to the drops' penetrating the tear film or cornea.

